

SPA TREATMENT - free available							
MINERAL WATER INHALATION							
	J	P	M	C	SP	I	Min. EUR
Individual inhalation - accommodation ^{1,2}	Mr	•	•	•	•	•	15 4,00
Individual inhalation - non residents	Mr	•	•	•	•	•	15 8,00
CARBONIC BATHS							
	J	P	M	C	SP	I	Min. EUR
Natural carbonic bath	Mn, T/2*	•	•	•	•	•	15+15 26,00
Natural peat carbonic bath	Mn, T/2*	•	•	•	•	•	20+15 30,00
Natural carbonic humate bath	Mn, T/2*	•	•	•	•	•	15+15 29,00
Natural carbonic sulfatan bath	Mn, T/2*	•	•	•	•	•	20+15 29,00
Natural iodobromine carbonic bath	Mn, T/2*	•	•	•	•	•	15+15 34,40
Natural carbonic bath in a golden bathtub for two	T/2*	•	•	•	•	•	15+25 66,00
REHABILITATION GROUP							
	J	P	M	C	SP	I	Min. EUR
Relaxation techniques	Mr	•	•	•	•	•	30 9,00
Rehabilitation exercises ³	Mr	•	•	•	•	•	30 9,00
Therapeutic exercises in the pool ³	Mr	•	•	•	•	•	30 9,00
Swimming in the pool under supervision	Mr	•	•	•	•	•	30 4,20
HYDROTHERAPY							
	J	P	M	C	SP	I	Min. EUR
Bubble bath	Mn	•	•	•	•	•	15+15 20,00
Bubble bath with ingredients	Mn	•	•	•	•	•	15+15 22,00
Humate bath	Mn	•	•	•	•	•	15+15 23,00
Iodine-bromine bath	Mn	•	•	•	•	•	15+15 28,40
Solfatan bath	Mn, T/2	•	•	•	•	•	20+15 28,40
Whirling bath for lower/ upper limbs	Mr	•	•	•	•	•	15 13,60
Alternating limb bath	Mr	•	•	•	•	•	15 19,40
Alternating foot (pedal) bath	Mr	•	•	•	•	•	to 10 13,60
Scottish shake	Mr	•	•	•	•	•	to 10 17,40
WELLNESS BATHS							
	J	P	M	C	SP	I	Min. EUR
Bath in sweet whey	•	•	•	•	•	•	15+15 34,40
Wellness bath	•	•	•	•	•	•	15+15 31,60
MASSAGES							
	J	P	M	C	SP	I	Min. EUR
Classical partial massage	Mr	•	•	•	•	•	15 17,40
Classical partial massage	Mn	•	•	•	•	•	30 31,60
Essential oil massage (partial)	Mr	•	•	•	•	•	15 18,80
Essential oil massage (partial)	Mn	•	•	•	•	•	30 34,00
Automatic underwater massage	Mn	•	•	•	•	•	15+15 22,00
Breuss spinal massage	Mn	•	•	•	•	•	30 34,00
Dry Jet (device massage)	Mr	•	•	•	•	•	20 17,40
Hydromassage bath with coloured therapy	•	•	•	•	•	•	15+15 28,60
Hydromassage bath with coloured therapy	•	•	•	•	•	•	15+15 23,00
WELLNESS MESSAGES							
	J	P	M	C	SP	I	Min. EUR
Massage with natural scented oil	•	•	•	•	•	•	30 37,20
Massage with lava stones	•	•	•	•	•	•	30 37,20
Hot chocolate massage	•	•	•	•	•	•	30 37,20
Massage with body butter	•	•	•	•	•	•	30 37,20
Honey massage	•	•	•	•	•	•	30 37,20
Bamboo massage	•	•	•	•	•	•	30 37,20
Hawaiian massage	•	•	•	•	•	•	45 55,80
Massage Vincentka	•	•	•	•	•	•	30 37,20
Neckline massage	•	•	•	•	•	•	30 37,20
Head massage - anti - stress	•	•	•	•	•	•	30 37,20
Massage of the soles of the feet	•	•	•	•	•	•	30 37,20
TERMOTHERAPY							
	J	P	M	C	SP	I	Min. EUR
Peatpack on the back	Mr, T/2*	•	•	•	•	•	15 19,00
Paraffinpack on the back	Mr, T/2*	•	•	•	•	•	20 19,00
Paraffinpack on the hands	Mr	•	•	•	•	•	20 19,00
Paraffin scented pack on the back	•	•	•	•	•	•	15 22,40
Beeswax back pack	•	•	•	•	•	•	15 25,00
OTHER THERAPIES							
	J	P	M	C	SP	I	Min. EUR
Solux	Mr	•	•	•	•	•	to 15 8,60
Oxygen therapy	Mr	•	•	•	•	•	30 12,00
Oxygen therapy	Mn	•	•	•	•	•	60 18,00

SPA TREATMENT - only with a doctor's prescription							
MEDICAL EXAMINATIONS							
	J	P	M	C	SP	I	Min. EUR
Initial medical examination	•	•	•	•	•	•	20-30 52,80
Medical consultation	•	•	•	•	•	•	10-15 27,60
Prescription of the procedure by a doctor	•	•	•	•	•	•	5-7 14,00
Acute treatment by a doctor	•	•	•	•	•	•	- 40,40
INHALATION							
	J	P	M	C	SP	I	Min. EUR
Medicine/oil inhalation	Mr	•	•	•	•	•	to 5 6,00
CARBONIC BATHS							
	J	P	M	C	SP	I	Min. EUR
Gas carbonic bath (total)	Mn	•	•	•	•	•	30 20,40
Gas carbonic bath (partial)	Mr	•	•	•	•	•	30 16,40
PHYSIOTHERAPY							
	J	P	M	C	SP	I	Min. EUR
Individual therapeutic exercise/ Soft tissue techniques, spinal mobilization/peripheral joints	Mn	•	•	•	•	•	30 34,80
ERGOTHERAPY							
	J	P	M	C	SP	I	Min. EUR
Individual occupational therapy	Mn	•	•	•	•	•	30 34,80
Group occupational therapy	Mr	•	•	•	•	•	30 17,60
MASSAGES							
	J	P	M	C	SP	I	Min. EUR
Reflexology massage (1 set)	Mn	•	•	•	•	•	30 34,80
Lymphatic drainage (1 limb)	Mn	•	•	•	•	•	35 34,80
Instrumental lymphatic drainage	Mr	•	•	•	•	•	30 17,60
TERMOTHERAPY							
	J	P	M	C	SP	I	Min. EUR
Local cryotherapy	Mr	•	•	•	•	•	to 20 11,20
ELECTROTHERAPY							
	J	P	M	C	SP	I	Min. EUR
Galvanic bath (2/4 chamber)	Mr	•	•	•	•	•	15 11,20
Diadynamic currents	Mr	•	•	•	•	•	to 10 9,20
Träbert currents	Mr	•	•	•	•	•	to 10 9,20
TENS	Mr	•	•	•	•	•	to 10 9,20
Interference currents	Mr	•	•	•	•	•	to 10 9,20
Diathermy (short/wave/microwave)	Mr	•	•	•	•	•	to 15 11,20
SIS -power induction system	Mn	•	•	•	•	•	to 10 16,40
SIS - power induction system 4+1 free	*	•	•	•	•	•	to 10 65,60
Combinated therapy	Mr	•	•	•	•	•	to 10 9,20
Distance electrotherapy VAS-07	Mr	•	•	•	•	•	to 20 12,40
Magneto-therapy	Mr	•	•	•	•	•	to 30 12,40
OTHER THERAPIES							
	J	P	M	C	SP	I	Min. EUR
Ultrasound	Mr	•	•	•	•	•	to 10 9,20
Laser	Mr	•	•	•	•	•	to 10 10,00
Gas injection (1 application)	Mr	•	•	•	•	•	up to 6 punctures 8,00
OTHER PERFORMANCES							
	J	P	M	C	SP	I	Min. EUR
Prevention of sarcopenia Screening of health risks of sarcopenia (completion of the SARC-F test, muscle strength test, TUG 3), consultation of the screening questionnaire with a doctor, group exercise of lower and upper limb muscles, individual consultation with a nutritional therapist, measurement using a balance scale, BIA	•	•	•	•	•	•	105 83,60
Consultation with a nutritional therapist	•	•	•	•	•	•	45 30,00
Diagnostics on bioimpedance scale	•	•	•	•	•	•	10 12,00
Fee for changing the timing of the procedure							4,00

Explanation:

J/P/M C/SP/I procedures provided in Jurkovičův dům/Palace/Morava/Central Spa/Spa Poliklinik/ Inhalatorium

T/2 procedure can be performed up to 2 times a week

T/2* treatments can be performed up to 2 times a week (the number is counted within the carbonic bath/thermal therapy group)

Mr/Mn minor/main procedure

(1) guests staying in the facilities of SPA Luhačovice

(2) Within the Spa treatment stay and Curative stay programme, a package of 3 inhalations can be considered as 1 minor treatment or a package of 6 inhalations as 1 main treatment.

(3) group exercise

* for direct payment only

Prices are approximate. Prices will be recalculated at the current daily exchange rate. Prices are subject to change.

INFORMATION ON PROCEDURES

In the case of prescription procedures, a doctor's indication is necessary, i.e. the procedure is determined by the spa doctor according to the state of health, and therefore cannot be purchased in advance.

Our doctors recommend a maximum of 1 large treatment, 2 small treatments and 1 inhalation/oxygen therapy per day, depending on the intensity of the load on the organism. In case of doubts about the suitability of the procedure, contraindications, etc., we recommend consulting a doctor. As part of the treatment packages of the stay, it is possible to change the procedure only for medical reasons, if prescribed by a doctor. This change will be made free of charge. You will pay a fee of EUR 4 for any other change to an already scheduled procedure.

INHALATION FOR HEALTH

*Discover the power of inhaling natural healing waters. **It will boost your immunity, relax your airways and induce a sense of calm. We recommend at least 5 inhalations for prevention.***

DRINKING COURSE

Because of its therapeutic effect, the drinking cure is mainly prescribed for diseases of the digestive system, diabetes and also has a positive effect on your respiratory tract.

Know you he has his own rules, right?

Drinking cure should be done on an empty stomach. The ideal time to drink mineral water is in the morning between 6 a.m. and 8 a.m. (before breakfast) and in the afternoon between 4 p.m. and 6 p.m. (before dinner).

The recommended daily dose 400-500ml of medicinal water (200-250 ml in the morning and the same amount in the afternoon).

*Drink a glass of water **slowly** (2-3 minutes). It is **recommended** to **pause for** 10 minutes before drinking another glass. **Slow** drinking is recommended **Walk**.*

*Experience the healing power of the unique natural waters here and **taste the freely accessible** springs of Vincentka, Ottovka, Nový Jubilejní, Dr. Šťastný or Aloiska.*